



FINTON HOUSE
SCHOOL

Physical Education Policy

Member of staff responsible: Anthony Dalton (Head of Physical Education)

Date Revised: September 2025

A copy of this policy is available to all governors and parents on request. It is accessible to all staff electronically (in the Policy folder on the Staff Admin Drive) and a hardcopy held on file in the Head's Office. This policy applies to all at the school including those in Reception (the EYFS).

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Version	Policy Update
September 2024	
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1. Policy Statement

At Finton House we believe that physical education is essential to the development of the whole child: academic, social, emotional, spiritual and physical. It provides the opportunity to promote self-esteem and confidence and build character strengths including perseverance, resilience, teamwork and leadership.

2. Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lifestyles

In addition to fulfilling the above aims, we also aim to ensure that all children will:

- enjoy and develop positive attitudes towards sport
- recognise the importance of a healthy lifestyle
- continually develop their skills and improve their performance in both individual and team sports
- enjoy being challenged, strive for success and learn how to cope with success and failure
- develop teamwork and understand the roles and responsibilities of being part of a team, recognising and acknowledging their own achievements and the success of others
- display fair play and good sportsmanship when representing the school in sporting fixtures
- understand the need for safe practice in all physical activities and know how to achieve this
- participate in a range of activities in order to develop personal physical skills
- be given opportunities to develop imagination and co-operation to achieve shared goals
- be given opportunities to develop personal characteristics like initiative, self-reliance and self-discipline

3. Curriculum

The Finton House PE curriculum provides a broad range of learning. Finton House's learning objectives, as set out in the scheme of work, not only incorporate the framework and standards of the national curriculum but go far beyond.

Finton House is committed to ensuring that all children, regardless of ability, gender or other differences, have the opportunity to participate in a range of individual and team sports. The curriculum is planned to ensure that each child receives a well-structured, progressive programme of physical activity.

4. Lesson Allocation

Year Group	Weekly allocation
Reception	One off site swimming lesson Two in-school Playground Games lesson One in-school Gym lesson One off site games lesson in Summer Term
Year 1	One off site swimming lesson One in-school Playground Games lesson One in-school Gym lesson One off site Games lesson
Year 2	One off site swimming lesson One in-school Playground Games lesson One in-school Gym lesson One off site Games lesson
Year 3	One off site swimming lesson One in-school Playground Games/ Gym/ Dance One off site Core Skills lesson One off site Games lesson
Year 4	One off site swimming lesson One in-school Playground Games/ Gym/ Dance One off site Core Skills lesson One off site Games lesson
Year 5	One in-school Playground Games/ Gym/ Dance One off site Core Skills lesson One off site Games lesson per week
Year 6	One in-school Playground Games/ Gym/ Dance One off site Core Skills / swimming lesson One off site Games lesson

During the weekly core skills session, all Upper School pupils select the sport in which they wish to participate for each half term block. This gives pupils the opportunity to experience a wide range of sports and helps to dispel gender stereotypes and promote co-educational physical education. The sports on offer are:

	Autumn	Spring	Summer
Year 3	Football Netball	Tag rugby Hockey	Cricket Athletics
Year 4	Football Netball	Contact/Tag Rugby Hockey Football	Cricket Athletics
Year 5 & Year 6	Swimming Netball Badminton	Swimming Hockey Badminton	Cricket Athletics

5. Inter-School Fixtures & Tournaments

The table below reflects the number of inter-school sports fixtures we aim to deliver per term.

Year 2		Year 3		Year 4		Year 5		Year 6	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
2	0	4	4	4	4	5	5	5	5

In addition, we endeavor to enter appropriate tournaments. Tournaments are particularly good for the more able pupils (MAP) to demonstrate their skills and enjoy success. Year 5 & 6 children will also have the opportunity to attend sports residential tournaments at Bisham Abbey and St. George's park.

The school swimming team also have a five day training camp at the world famous T3 training Centre in Tenerife during the Easter holidays.

The majority of fixtures are organised a term in advance and as such are detailed in the termly whole school calendar sent to all parents, and displayed on the PE noticeboard and Frog. The PE department sends out all of the required information to parents, the School Office and appropriate staff (start time, venue, team details, sports kit, etc) via School Post a week prior to the match.

Teaching the children good sportsmanship and etiquette is a vital part of fixtures at Finton House. As such all children must wear the correct kit, show good manners and learn how to win and lose graciously. At the end of a match the children are encouraged to shake hands with the opposition, and the captain leads three cheers to the opposition team.

At the end of any fixture, there is usually a short period of time for the staff to give feedback to the children and parents on both individual and team performance, and for the children to have a snack. A full report of every fixture will be published on Frog (VLE).

Children should not go home directly from a home fixture. In an away fixture a parent must get permission from the school if they want to take a child home directly from the match.

Inter-House Competitions

Finton House operates a house system where each child is allocated a house on their arrival to the school. The four houses are Macmillan, Nunneley, Thomson and Charrington.

A number of inter-house sporting events are organised for children in the Upper School throughout the year.

6. Teaching and Learning

At Finton House, PE is taught by the school's four subject specialist teachers, together with class teachers and assistants.

In PE and sport, the learning skills are developed through teamwork, resilience, and reflection. Pupils work together, take on leadership roles, and use feedback to improve their performance.

See teaching and Learning Policy for further details.

We deliver the PE programme through a variety of ways. For some PE sessions, the children are taught in mixed ability groups and as part of co-educational classes. For team sports pupils may be grouped by gender; however, when doing so, the needs and preferences of individuals are taken into account. When appropriate, for example in the swimming pool, we teach in small groups. Differentiation is very important to extend more able students and to meet the needs of gifted and talented children, as well as to provide extra support and guidance when appropriate.

We believe co-educational sport is important to the development of both boys and girls to promote equal opportunity in sport. We are proud that all cricket lessons are fully co-educational and fixtures against other schools have an equal number of boy and girls in each team. All swimming lessons in the school from Reception to Year 6 are also co-educational. Boys and girls compete together as a team in swimming galas against other schools and also form a team for national events. In Reception and Year 1 all lessons are co-educational. Playground games lessons, gymnastics, dance and the skills lessons are all co-educational. We have a number of girls playing in the after-school football clubs alongside the boys.

There is the opportunity for some girls to join the boy's football programme and boys to join the hockey programme. At present, boys and girls from Years 2 to 6 do have a separate afternoon of sports in football, rugby, hockey and netball.

The learning intentions are shared with pupils at the start of every lesson. Throughout lessons, teachers carry out continual assessment in order to differentiate appropriately, both for those who require extension activities and those who require additional support.

Inclusive practice is at the heart of our physical education teaching and learning at Finton House. Every child is entitled to participate in all areas of the curriculum and have an opportunity to pursue a wide range of sports. Every lesson is modified to meet and accommodate each child's individual needs. All arrangements will support and enhance each child and ensure that appropriate learning objectives are met.

Please see the Teaching and Learning Policy for further details.

7. Assessment, Monitoring & Reporting

Assessment is used in Physical Education to ensure continuity and progression and inform planning.

Formative Assessment is constantly used in PE lessons in the following ways:

- teacher observation and feedback
- individual teacher notes taken during and after each lesson
- peer assessment and feedback
- questioning

- individual reflection and evaluation of performance
- swimming times recorded twice a term
- swimming levels – ‘Finton House Swimming Checklist Levels 1-5’ used to continually assess the children (Implemented in January 2016)

Summative Assessment & Reporting to Parents

- Lower School & Year 2 receive Progress Reports in the Autumn term and a full written report in July.
- Middle & Upper School receive grades in Autumn term and full written report in July.
- Parents are given verbal feedback on their child’s performance during a Parents’ Evenings (Spring Term).

The PE department maintains an ‘open door policy’ for parents. We make ourselves available on any given morning or afternoon to answer questions and discuss concerns parents may have regarding their child’s learning experience and participation in sport at school. This open line of communication helps to support and advance children’s learning.

8. Sports Portal - Frog Learn (VLE)

The Sports Portal on Frog (VLE) is a valuable source of communication. All fixtures can be accessed by the parents with fixtures going live one week before the event.

Our Frog VLE includes all fixture information and venue locations to help parents locate the time and locations of particular fixtures. Tournaments and swimming galas especially will have team sheets posted.

9. Celebration of Achievement and Excellence

The PE Department believes it is extremely important to celebrate the effort and achievements of all pupils. There are many different ways in which this is achieved:

- verbal praise
- demonstrations in front of peers
- results on notice boards
- house points awarded
- certificates and stickers
- medals for performances
- team photos
- announcements in assembly
- videos on Frog (VLE) of individual and team performances on the field and in the swimming pool
- Sports Colours – for excellence
- Prize Giving – cups for excellence, endeavour and sportsmanship

10. Clubs and Squads

Finton House provides an extensive range of extra-curricular activities. These are designed to offer a broad range of sport to all and give pupils the opportunity to experience different sports and further develop their skills.

During some sports clubs, pupils have the opportunity of being trained by professional coaches who work alongside Finton House staff. At present these clubs include: swimming, hockey, netball, rugby and cricket.

See the Clubs Policy and list for further details.

11. Health and Safety

The Finton House *Health and Safety Policy* is abided by at all times and risk assessments are produced and updated regularly. All members of the PE department have first aid training (St John's Ambulance First Aid at Work certificate). In order to ensure the health and safety of all pupils and staff, the PE department:

- Fills in, and regularly updates, risk assessment forms for all areas of the sports curriculum including Year 3's residential sporting trip.
- checks that all first aid and lifesaving qualifications are kept up to date
- ensures that appropriate clothing is worn
- warm-ups before playing sport
- ensures that equipment is well maintained
- abides by the rules of the swimming pool
- takes a first aid kit to all lessons and fixtures
- keeps up-to-date regarding knowledge of children with disabilities or special needs
- ensures that staff and children know how to use equipment and apparatus safely
- ensures that the children listen, understand and respond to rules
- constantly monitors the teaching environment to ensure its safety
- ensures that a minimum of two staff to attend all fixtures
- ensures that there is a minimum of two staff in all minibus trips to fixtures or swimming runs

12. Resources

Resources and equipment for teaching (balls, bib, etc.) are stored in the PE office, cupboard and at Trinity Fields. The PE department has a generous annual budget for purchasing and updating resources as and when required.

Finton House has the following excellent resources for the teaching of PE.

On-site:	Off-site
<ul style="list-style-type: none"> • multi-purpose court (with a climbing wall) • gym (climbing unit installed) • hall used for dance 	<ul style="list-style-type: none"> • Trinity Fields (500 meters from the school site), used for football, rugby, cricket, hockey, athletics • Tooting Hard Courts (two full size netball courts and an astro turf pitches) used for the teaching of hockey and Netball • Tooting & Balham Leisure Centres used for the teaching of all swimming lessons and Autumn & Spring term skills lesson in Year 5 & 6. • Ernest Bevin College for training the school swimming team.