

WEEKLY

MENU

Autumn Term Menu Week 1



Monday

Hot: Lamb Chilli Mexican Tacos

Veggie: Quorn Bean Tacos with Shredded Coleslaw

Sides: Steamed Brown & White Rice, Sweetcorn

Pudding: Lemon Meringue Pie Pots

Snack: Pain au Chocolat or GF & DF Biscuits

Tuesday

Hot: Penne Pasta with Carbonara Sauce or Tomato Herb Sauce

Veggie: Ratatouille With GF Penna Pasta

Sides: Garlic Bread Slice, Garden Peas & Paprika Jacket Wedges

Pudding: Strawberry Mousse with Granola & Mini Cheeses with Crackers

Snack: Pizza Pinwheels

Wednesday

Hot: Locally Sourced Cumberland Pork Sausages

Veggie: Meat Free Sausages or Roasted Veg Tarte Tatin

Sides: Mashed Potato, Whole Green Beans & Cherry Tomatoes

Pudding: Toffee Yoghurt With Dark Chocolate Shards

Snack : GF & DF Banana Cinnamon Tray Bake

Thursday

Hot: Chicken Jambalaya, Marinated Thighs with a Mixed Spice Rice

Veggie: Butternut Squash Jambalaya

Sides: Homemade Breads, Honey Carrots & Green Salad

Pudding: Vegetarian Mixed Jelly & Mini Cheeses with Crackers

Snack: Pain au Raisin or GF & DF Lemon Zest Biscuits

Friday

Hot: Battered Fish Fillets or Chefs Guest Fish

Veggie: Dairy & Gluten Free Baked Cauliflower Cheese

Sides: Oven Chips, Baked Beans, Garden Peas

Pudding: DF & GF Chocolate Sponge Cake or Fresh Fruit Pots

Snack: GF/Dairy Free Coconut Orange Cookies

Available daily

Salad bar will now be available in the dining hall for pupils to have a selection of alternatives to the main counter. Consisting of composite salads, cucumber, lettuce, tomatoes, grated cheese and fresh fruit. All allergies will be catered for.