

WEEKLY

MENU

Autumn Term Menu Week 2



Monday

Hot: Lamb Chilli Con Carne & Tortilla Wraps

Veggie: Quorn Bean Chilli

Sides: Steamed Rice & Seasonal Vegetables

Salad: Avocado, Lemon Spinach & Cranberry

Deli Bar: Jackets, Mixed Salads, Tuna & Sliced Meats

Pudding: Greek Yoghurt with Apple Topping & Fresh Fruit

Tuesday

Hot: Macaroni Cheese & Garlic Bread Slice

Veggie: Spinach & Ricotta Ravioli or Aubergine Ratatouille

Sides: Rice, Egg Noodles with Seasonal Vegetables

Salad: Beetroot with Orange Vinaigrette

Deli Bar: Jackets, Mixed Salads, Tuna & Sliced Meats

Pudding: Vegan Jelly & Fresh Fruit

Wednesday

Hot: Pizza Margherita

Veggie: GF & DF Pizza Margherita

Sides: Chopped Salad & Baton Carrots

Salad: Crispy Kale & Roasted Peppers

Deli Bar: Jackets, Mixed Salads, Tuna & Sliced Meats

Pudding: Mini Doughnuts or Fresh Fruit

Thursday

Hot: Chicken Shawarma & Baked Flatbread

Veggie: Sweet Potato Coconut Curry

Sides: Rice, Seasonal Vegetables & Green Leaf Salad

Salad: Dressed Red Cabbage Coleslaw

Deli Bar: Jackets, Mixed Salads, Tuna & Sliced Meats

Pudding: GF & DF Banana Cake & Fresh Fruit

Friday

Hot: GF Fishcakes, Lemon & Tartare Sauce

Veggie: Vegetable Burgers or Goats Cheese & Chutney Tartlet

Sides: Oven Chips, Baked Beans & Garden Peas

Salad: Roasted Courgettes & Pickled Vegetables

Deli Bar: Jackets, Mixed Salads, Tuna & Sliced Meats

Pudding: Orange Juice Ice Lollies & Fresh Fruit

Salad bar available in the dining hall with a selection of alternatives to the main counter, consisting of composite salads, sweetcorn, cucumber, lettuce, tomatoes, grated cheese, jacket potatoes & fresh fruit. All allergies will be catered for.